



Late Shri. Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Palghar-401305, Maharashtra.  
**National Service Scheme (SH-11)**



Name of the Event: **FOOD - PLANET - HEALTH**  
Date: 26 Feb 2021  
Time: 4.00 to 5.30 pm

### Programme Summary/Details:

On 26th February 2021, 48 dedicated NSS volunteers from Viva Institute of Pharmacy participated in a webinar organized by the NSS Unit of the University of Mumbai and Vegan Outreach. The event, titled "FOOD - PLANET - HEALTH," was conducted via Zoom from 4:00 pm to 5:30 pm. The webinar featured insightful talks by guest speakers Preen Sachdeva and Astha Gupta, both Outreach Coordinators at Vegan Outreach, India. The session enlightened us about the profound impact of our dietary choices on animals and the environment, promoting the benefits of a Vegan Diet. The event also addressed the critical issues affecting our planet's food chain and emphasized the importance of health. The speakers effectively conveyed the message, encouraging us to share the concept of Going Vegan with our colleagues and friends. We received certificates for our participation, and the session proved to be exceptionally informative and enlightening.

